



Irish Pony Club

Lungeing Test

Disc Colour: **Beige**

Candidate Requirements:

- Candidates must have passed their B test or their B standard Horse Care.
- Candidates must pass the Lungeing Test before sitting their H or A Test.
- Candidates must be in their 17th year to sit their Lungeing.

Outcomes:

Candidates should be able to work a horse correctly and safely in all three places and to improve the way of going, be in control of the horse and equipment with a good understanding of the reasons and benefits of lungeing.

Candidates should be able to equate the first 4 in the Scales of Training to lungeing.

Format:

The test will consist of two sections.

First candidates will be asked to select an appropriate tack and tack up a horse for lungeing.

Following this candidate will be asked to lunge the same horse that they tacked up.

Candidates should be dressed in tidy, sensible clothes suitable for the weather, all jackets zipped up. Safe sensible footwear (no spurs), gloves, hat etc.

Candidates may bring their own rope/lunge line to the test.

Section A

Tacking Up:

- A range of lungeing equipment will be available for candidates to choose from.
- Candidates should correctly fit the saddle, breastplate, bridle, cavesson and any other tack they have selected to use.
- Attach side reins and check height and length
- Correctly fit brushing and overreach boots

Section B

Lungeing:

- Safely bring the horse from the tackling up area to the arena
- Show knowledge and demonstrate correct handling of the rope, whip and horse, and correct position while lungeing.
- Demonstrate clear commands, and use of appropriate size circles
- Warm up the horse up and progress to working the horse
- Work the horse showing changes of rein, relating the work to the first four scales of training and in line with the horse's age and fitness
- Show appropriate cool down
- Discuss the quality of work shown, recognising the correct or incorrect way of going, and a plan for future sessions
- Lead the horse back to the stable and untack safely

Discussion Points:

Candidates should have detailed knowledge and be comfortable talking about the following topics:

- What dangers can arise while lungeing
- How weather, surfaces and various distractions can affect the lungeing session
- How to deal with any problems that may arise during lungeing
- Other training aids and their actions
- The use of poles while lungeing
- Various exercises that could be used while lungeing
- Starting the young horse on the lunge for the first time
- Lungeing in the young and older horse's programme
- How important it is to keep artificial surfaces in good order