



Irish Pony Club Tetrathlon Shooting Training Protocol

Any person displaying symptoms associated with Covid-19 (Fever, Cough, Shortness of Breath or Breathing Difficulties), people who have been in close contact of a confirmed case, people who are considered in a high-risk group, or those caring for somebody in a vulnerable category should not attend any shooting practice. Those who have travelled internationally, should also ensure that they follow the Governments latest advice and guidelines for same.

At all times the guidelines of the Government, the Department of Health, the Health Service Executive and the Irish Pony Club must be adhered to.

The following are guidelines specific to the Tetrathlon Shooting Phase. These guidelines should be implemented in conjunction with the Irish Pony Club Returning to Activity Plan and Training Protocol during all shooting practice moving forward.

- 🐾 Persons willing to attend shooting practice must risk assess their own situation to see how safe it is first.
- 🐾 Branch officials must complete a similar risk assessment.
- 🐾 Risk Assessments must be carried out by the shooting training organiser to include assessment of the suitability of the venue for social distancing requirements.
- 🐾 A Branch Covid-19 Compliance Officer must be present on site throughout the activity. The directions of the Covid-19 Compliance Officer must be obeyed.
 - A log of all those present during the training session must be recorded, updated and maintained.
 - This log should detail the date, time frame (start and finish), type of activity, venue, details of those in charge and contain a list of all those who were present during the session including officials, members and parents or guardians (if present).
 - This log must be stored by the Branch and easily accessible for the purposes of contact tracing.
- 🐾 Each shooter must maintain a 2m social distance at all times, whether laying down or standing, indoors or outdoors.
- 🐾 The shooting coach must wear a face covering (as per Health Service Executive guidelines) and apply hand sanitiser between shooters.
- 🐾 Irish Pony Club members must bring their own equipment and Personal Protective Equipment, including the following:
 - Face covering
 - Pellets
 - Targets
 - Hand Sanitiser
 - Shooting mat or a sheet to cover the mat.
- 🐾 To prevent cross contamination, a member must remain in the one shoot detail at all times. There should be no cross over.
- 🐾 One detail at a time, the members should depart the area before the next details approaches the range.
- 🐾 If Branch guns are being utilised, they must be sanitised between each detail and after each use.
- 🐾 All equipment used should be sanitised regularly to prevent cross contamination.
- 🐾 There should be no spectators in the shooting hall.
- 🐾 Gatherings are strictly prohibited.

For guidelines on How to Use Face Coverings, visit the Health Service Executive website:

<https://www2.hse.ie/conditions/coronavirus/face-masks-disposable-gloves.html>

Download the following poster on how to wear a face covering:

<https://www.hse.ie/eng/services/news/newsfeatures/covid19-updates/partner-resources/hse-face-covering-guidelines-poster-high-resolution.pdf>