



Irish Pony Club Medical Plan 2018

It is the responsibility of the Organizer to have the appropriate medical cover for the type of event, taking into account the number of participants and spectators.
The Organizer should carry out a written Risk Assessment.

Medical Cover should be arranged according to Minimum First Aid Cover at Irish Pony Club Competitions.

The organizer should prepare a Medical Officer's Pack in advance of the competition, to include:

- Injury report forms
- Concussion Forms
- Relevant emergency phone numbers (ambulance, hospital, chief steward, organizer, safety officer)
- Competition programme with planned times
- Map of the XC course where applicable

At the Competition:

Ensure adequate communications (radio/mobile phone) between medical personnel and between Organizer and medical personnel.

The procedure for contacting the emergency services must be agreed with the Medical Provider.

Appropriate emergency telephone numbers should be listed and a copy supplied to the Secretary's Office.

The appropriate Accident Forms must be completed by the designated Safety Officer and returned to HQ in the event of an accident.

A copy of the Evidence of Insurance should be displayed.

Basic Standards of Medical Care:

Concussion – in the event of concussion, which may occur without loss of consciousness, riders are not allowed to ride again and an examination by a doctor is advisable, immediately at the competition or following transfer to hospital. These riders or their parents/guardians (if under 18), should be issued with a concussion advice form by the Medical Officer.

Any competitor who has a fall should see the medical personnel on the day and be passed fit to ride if he/she wishes to ride again at the same competition.

Action list for doctors/ambulance personnel on arrival/during event:

Report arrival immediately to Organizer

Inspect and collect Medical Officer's pack

Drive around the site, including XC, if applicable, checking locations, access to arenas and fences.

Decide strategic placement of personnel/vehicles



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Agree incident procedures with Doctor, Chief Steward and radio control
Try to be aware of the Chief Steward's whereabouts.
Contact local hospital, if necessary
Check riders who report after falling.

The Doctor's vehicle and at least one ambulance should be able to reach all parts of the site, therefore, these vehicles should be 4WD

If the ambulance is required to leave the site to transport a casualty, the Medical Officer and Chief Steward must be informed and the competition may be suspended.

This Document should have an annual review.

Date of next review January 2018