

Irish Pony Club Medical Plan 2024

It is the responsibility of the Organizer to have the appropriate medical cover for the type of event, taking into account the number of participants and spectators.

The Organizer should carry out a written Risk Assessment.

Medical Cover should be arranged according to Minimum First Aid Cover required at Irish Pony Club Competitions. It should be noted that these are minimum levels of first aid cover. The appropriate level of cover should be decided as part of the organizer's risk assessment for the event.

The organizer should prepare a **Medical Officer's Pack** in advance of the competition, to include:

Injury report forms

Concussion Forms

Relevant emergency phone numbers (ambulance, hospital, chief steward, organizer, safety officer)

Competition programme with planned times

Map of the XC course where applicable

At the Competition :

Ensure adequate communications (radio/mobile phone) between medical personnel and between Organizer and medical personnel

The procedure for contacting the emergency services must be agreed with the Medical Provider and the IPC Critical Incident Procedure must be discussed.

Appropriate emergency telephone numbers should be listed and a copy supplied to the Secretary's Office

The appropriate Accident Forms must be completed and returned to HQ in the event of an accident.

A copy of the Evidence of Insurance should be displayed.

Action list for doctors/paramedics/ambulance personnel on arrival/during event:

Report arrival immediately to Organizer

Inspect and collect Medical Officer's pack

Drive around the site, including the cross country course, if applicable, checking locations and access to arenas and fences.

Decide strategic placement of personnel/vehicles

Agree incident procedures with Doctor, Chief Steward and radio control

Attend the cross country fence stewards briefing, where possible.

Try to be aware of the Chief Steward's whereabouts.

Contact local hospital, if necessary

Check riders who report after falling.

Serious Accident

In the event of a serious/fatal injury the IPC Critical Incident procedure will be implemented.

The Doctor's vehicle and at least one ambulance should be able to reach all parts of the site, therefore, these vehicles should be 4WD

If the ambulance is required to leave the site to transport a casualty, the Chief Steward must be informed and the competition may be suspended.

Any competitor who has a fall must see the medical personnel on the day. Failure to do so will incur a fine of e50 payable by the Branch to Head Office.

In the event of **concussion**, which may occur without loss of consciousness, riders are not allowed to ride again and examination by a doctor/ paramedic is advisable immediately. These riders or their parent/guardian, if under 18, should be issued with a Concussion Advice form by the medical team onsite

This document should have an annual review.

Date of next review January 2025